



10-15%

of athletes are estimated to experience concussions every year while playing contact sports



SPORTS

With the highest concussion rates:

1. Football
 2. Girl's Ice Hockey
 3. Boy's Ice Hockey
 4. Boy's and Girl's Rugby
 5. Boy's Lacrosse
 6. Girl's Soccer
 7. Girl's Lacrosse
 8. Boy's Soccer
 9. Boy's Wrestling
- (Castile et al., 2011; Daneshvar et al., 2011; Tommasone et al., 2006; CDC)

Underreported



5%

of athletes experience concussions, according to trainers



50%

of athletes experience concussions, according to players



Over 50%

of concussions are never reported (Kay 2014)



MORE



Concussions

Occur during games than during practice